

Start by entering information about the League or Conference you are part of (if any)
 Include all of your opponents.

This information only needs to be Set up once, unless your league changes.

1 Your School Name
 2 Big Rapids
 3 Hesperia
 4 Holton
 5 Lakeview
 6 Morley Stanwood
 7 Reed City
 8 Chippewa Hills
 9 White Cloud
 10 Newaygo
 11 Central Montcalm

Name of the League or Conference:
CSAA
 (ID Letters only, not the full name)

Names of the schools in your Conference
 2 Enter them in any order / top down
 use short versions of the names.

These are some of the same names you enter in the TEAM page, when you enter your game schedule.
 (List limit 14 different Conference opponents)

3 Your School Name
 Name of your School School Letters: **CM** (CAPS)

JV Lady Hoopsters
 Mascot &/or division of your School
 (boy's / girl's / Freshman / JV / Varsity, etc)

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Central Stat Basketball

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and information about your school.

setup

Then enter your team on a standard TEAM ROSTER form. Your team is automatically transferred from this form to all areas of the statistics sheets where they are needed.

MANY areas of this program contain red marks which tell you that if you hold the mouse over this area or click on this cell, an instruction box will pop up to tell you more information and help with data input.

You will notice shaded areas and white areas in the forms shown here... you can only enter data in the white areas of any form in this program.

Your School Name
 (Team Roster)

Sports Team: JV Lady Hoopsters Basketball
 Year: 2011 - 2012

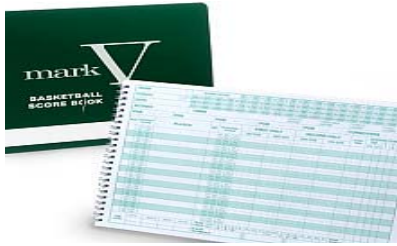
	A	B	C	D	E	F
	Jersey Number	Name	Position	Height	Weight	DOB
1	10	Yast Pigeon/hoop	G	5'7"		
2						
3						
4						
5						
6						
7						
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21						
22						
23						
24						
25						

Head Coach: _____ Statistician: _____
 This team COACH (year name here) _____ (Manager/G) _____
 Athletic Director: _____

Then enter your name

And enter your game schedule on the TEAM page.

The rest of this page will be auto-calculated and even comments added based on your game scores which are calculated from game stats that you add after each game.



COACH your name here Your School Name School mascot or logo

# GAME	DAY	DATE	Opponent	Home/Away	Opponent Score	SCORE	Win/Loss	Comments
1	Tue	12/29/2011	Carson City	X	6	58	Win	52 points, nice season starter!
2	Thu	12/01/2011	Vestaburg	X	35	43	Win	8 point win
3	Tue	12/06/2011	Tri-County	X	34	30	Loss	-4 point loss, close game
4	Thu	12/08/2011	Lakeview	X	13	20	Win	7 point win
5	Mon	12/12/2011	Big Rapids	X	28	39	Win	11 point win
6	Thu	12/15/2011	Hesperia	X	14	61	Win	47 point BIG win!
7	Mon	01/09/2012	Reed City	X	28	47	Win	19 point win
8	Thu	01/12/2012	White Cloud	X	15	41	Win	26 point win
9	Mon	01/16/2012	Holton	X	28	47	Win	19 point win
10	Thu	01/19/2012	Chippewa Hills	X	19	52	Win	33 point BIG win!
11	Mon	01/23/2012	Morley Stanwood	X				
12	Thu	01/26/2012	Lakeview	X	27	24	Loss	-3 point loss, close game
13	Mon	01/30/2012	Big Rapids	X	47	53	Win	6 point win
14	Thu	02/02/2012	Hesperia	X	13	43	Win	30 point BIG win!
15	Mon	02/06/2012	Montabella	X	27	51	Win	24 point win
16	Thu	02/09/2012	Reed City	X	40	36	Loss	-4 point loss, close game
17	Mon	02/13/2012	White Cloud	X	35	55	Win	20 point win
18	Thu	02/16/2012	Holton	X				
19	Mon	02/20/2012	Chippewa Hills	X				
20	Thu	02/23/2012	Morley Stanwood	X				

Overall Season Win Rate: 81% Conference Win Rate: 83%

JV Lady Hoopsters
Team Roster:
Your Player here

CSAA



After each game, simply add stats from each game, and the score of your opponent. This info is standard in a MarkV type game book.

Summary Stats Page 1 Your players that you entered in the team Roster will be listed here.

PLAYER	1	2	3	4	5	6	7	8	9	10	
1/4'S PLAYED:	4	2	4	4	4	4	2	4	4	4	5
FOULS:	2	1	1	1	1	1	1	1	1	1	1
Free Throw attempts:	2	1	1	1	1	1	1	1	1	1	1
FT's MADE:	1	1	1	1	1	1	1	1	1	1	1
2 pointers made:	5	3	2	3	1	1	4	3	4	4	4
3 pointers made:	1	1	1	1	1	1	1	1	1	1	1
Played in Game 1:	1	1	1	1	1	1	1	1	1	1	1
1/4'S PLAYED:	3	3	4	4	2	1	4	4	3	2	4
FOULS:	5	1	2	3	1	1	2	3	2	1	1
FT attempts:	6	2	1	2	1	1	6	9	1	1	1
FT's MADE:	4	1	1	1	1	1	3	7	1	1	1
2 pointers made:	1	2	1	1	1	1	5	5	1	1	1
3 pointers made:	1	1	1	1	1	1	1	1	1	1	1
Played in Game 2:	1	1	1	1	1	1	1	1	1	1	1
1/4'S PLAYED:	3	2	4	4	2	2	4	4	4	2	4
FOULS:	5	1	1	1	1	1	4	2	4	2	1
FT attempts:	2	1	1	1	1	1	8	11	1	1	1
FT's MADE:	1	1	1	1	1	1	2	3	1	1	1
2 pointers made:	1	2	1	1	1	1	4	3	1	1	1
3 pointers made:	1	1	1	1	1	1	1	1	1	1	1
Played in Game 3:	1	1	1	1	1	1	1	1	1	1	1
1/4'S PLAYED:	4	1	4	4	2	1	4	4	4	4	4
FOULS:	1	3	1	1	1	1	3	5	4	4	4
FT attempts:	1	1	1	1	1	1	4	5	4	4	4
FT's MADE:	1	1	1	1	1	1	2	2	2	2	2
2 pointers made:	1	1	1	1	1	1	1	1	1	1	1

GAME 1: Carson City 6 - 26 Win

GAME 2: Vestaburg 35 - 14 Win

GAME 3: Tri-County 34 - 11 Loss

GAME 4: Lakeview 13 - 4 Win

Each section, divided by dark lines on this spreadsheet represent a different game.

Collecting STATS;

NAME	#	shots		Blocked		Steals		Assists		Turnovers	
		2 pt shots taken	shots taken	Rebounds	Shots						
Your Player here	10	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34	1 2 3 4 5 6 7 8 9 10 11 12 13 14	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18
		2 pt shots	3 pt shots	Rebounds	Blocked Shots	Steals	Assists	Turnovers			
		1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34	1 2 3 4 5 6 7 8 9 10 11 12 13 14	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	
		1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34	1 2 3 4 5 6 7 8 9 10 11 12 13 14	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	

A whole stat tracking form page may be printed for each game.

Player Name	#	shots taken	Rebounds	Blocked Shots	Steals	Assists	Turnovers
		1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 21 22 23 24 25 26 27 28 29 30 31 32 33 34	1 2 3 4 5 6 7 8 9 10 11 12 13 14	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18

A full two page stat sheet is included which will contain your players names entered in the team Roster. This first page is a tool included to print out so you may have stat people collect data needed for the second part of your data collection. Of course, your own stat collection method may also be utilized. At the bottom of page 2 of the stat sheet, are basic instructions for using this form.



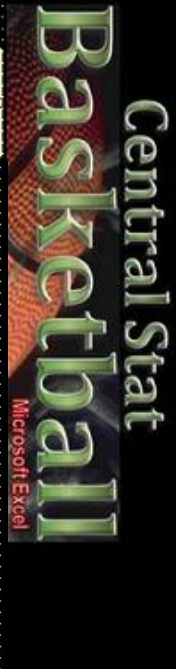
CENTRAL STAT

This is likely one of the best stat tracking programs you will find and is easy to use year after year. It is developed by a coach, for coaches and is offered **FREE**. It has taken thousands of hours to develop over live seasons of youth, recreation league, AAU, middle school and high school basketball. It will continue to be one of the most advanced spreadsheet programs available and is likely the most advanced Excel spreadsheet workbook for basketball available for **FREE**.

If you find this program to be helpful or appreciate the author's work, please support the effort by sending a donation of \$10 to:

Coach K. Everingham
2836 Condensery Road
Sheridan, MI 48884

You can get the latest version of Central Stat plus Central Stat Jr for youth basketball, and many other practice, game & scouting forms on one CD... all for only \$10



Summary Stats Page 2		Your Player here		10	
Rebounds	60	33	89	58	29
3 point shots taken	5	5	37	3	1
3 pt shot percentage	0%	0%	30%	0%	0%
Blocked Shots	8	0	18	0	0
Steals	59	16	76	26	6
Assists	8	5	36	6	6
Turnovers	49	11	39	30	0
Other stats you define:	0	0	0	0	0
2 point shots taken	101	34	60	97	33
2 pt shot	34%	32%	52%	33%	33%
Player's EFF "Efficiency Rating"	4.44	3.00	13.63	3.06	1.43
$EFF = \frac{((Pts+Reb+Ass+Blk+Stls) - (All Missed FG + Missed FT))}{Games Played}$					

PLAYER	Games Played	FOULS (season)	Avg Fouls per Game	Free Throw attempts	Free throws made	# of 2 pointers made	# of 3 pointers made	Free Throw shot percentage	Total Points Scored (This Season)	Average Points scored per game
1	16	44	2.8	41	15	34	0	37%	83	5.2
2	13	5	0.2	2	2	11	0	100%	24	1.8
3	16	16	1.0	28	13	31	0	46%	108	6.8
4	18	23	1.3	19	8	11	0	32%	70	3.9
5	14	7	0.5	11	0	0	0	0%	48	3.4
6	14	8	0.6	0	0	1	0	0%	27	1.9
7	7	2	0.3	0	0	0	0	0%	6	0.9
8	2	2	1.0	0	0	0	0	0%	0	0.0
9	15	16	1.1	20	4	43	0	51%	127	8.5
10	16	20	1.3	13	3	39	0	55%	148	9.3
11	9	6	0.7	7	4	0	0	0%	20	2.2
12	0	0	0.0	0	0	0	0	0%	0	0.0
13	0	0	0.0	0	0	0	0	0%	0	0.0
14	0	0	0.0	0	0	0	0	0%	0	0.0
15	0	0	0.0	0	0	0	0	0%	0	0.0
16	0	0	0.0	0	0	0	0	0%	0	0.0
17	0	0	0.0	0	0	0	0	0%	0	0.0
18	0	0	0.0	0	0	0	0	0%	0	0.0
19	0	0	0.0	0	0	0	0	0%	0	0.0
20	0	0	0.0	0	0	0	0	0%	0	0.0
21	0	0	0.0	0	0	0	0	0%	0	0.0
22	0	0	0.0	0	0	0	0	0%	0	0.0

TEAM TOTALS:	
Total games played	16
Total Free Throw attempts by the team	309
Total Team Free Throws made	152
Team Free Throw percentage	49.2%
Total team points scored this season	700
Opponent's points	468
TEAM WINS	13
LOSSES	3
2 point shots made by the team	247
3 point shots made by the team	18
Avg team fouls per game	12
Team fouls this season	194
Rebounds	568
Blocked Shots	41
Steals	338
Assists	84
Turnovers	317
Summary of the Stats that you defined.	
TEAM WINS (all games)	13
LOSSES	3
CONFERENCE WINS	10
CONF. LOSS	2
Total 2 point shots taken by the team	836
Total 2 point shots made by the team	247
Team 2 point shot percentage	30%
Total 3 point shots taken by the team	101
Total 3 point shots made by the team	18
Total 3 point shot percentage	18%

After each game, you can view or print out stat sheets like these to give individual progress and team averages and totals of each statistic tracked. Reports will help you keep track of stats like:

1. How many games each player has participated in. (especially good to know for youth teams)
2. **Fouls** of each player (and their **average fouls per game**)
3. 2 point field goals, 3 point field goals and Free Throws shot, number made and shot percentages.
4. Individual points scored over the season and **average points per game**.
5. Player's **Rebounds** (total for the season)
6. Player's **Blocked shots** for the season
7. Player's **Steals** for the season.
8. Player's **Assists** for the season.
9. Each Player's **Turnovers**
10. **EFF** "Player's basic Efficiency Rating (also gives the complete formula & formula for PER) Who are your most efficient players? A good stat to know in intense, game-end situations.
11. Team wins and losses overall (total) and wins & losses within the Conference.
12. Team points vs. opponents points scored for the season.
13. Total team fouls,
14. Total team turnovers
15. Total team assists
16. Total team steals
17. Total team blocks
18. Total Team Rebounds.
19. Free Throw, 3 point & 2 point shot percentages for the team.
20. Average Team fouls per game.
21. The top 3 in many categories are highlighted in yellow to make your stat leaders stand out.
22. Team stats compared every 5 games to track progress or issues that need to be addressed.

Current team size limit of 18.

